

ANALYSIS OF EX-COMMERCIAL FOSTERING SEX WORKERS GUIDANCE PROGRAM AT THE INTEGRATED SERVICE UNIT OF SOCIAL REHABILITATION FOR SOCIAL DISABILITY

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Abstract

The purpose of this study was to determine the growth in number of former commercial sex workers in the Integrated Service Unit of the Social Rehabilitation Center for Persons with Social Disabilities of Central Sulawesi Province. Descriptive qualitative research was used in this study. Observation, interviews, documents, and reference search were used to collect data. Primary and secondary data sources were used. Three steps consisted of data reduction, data presentation, and conclusion drawing in the data processing and analysis procedure. The research findings show that The Integrated Service Unit of Social Rehabilitation for Social Disability Central Sulawesi Province uses various strategies to build human resources for former commercial sex workers. There are five types of guidance: 1) mental health guidance, 2) physical guidance, 3) social guidance, 4) skills guidance, and 5) spiritual guidance. Related to the development of human resources for former commercial sex workers, there are obstacles or barriers that arise in the process that must be overcome so that a company can be successful. In addition to the delay in receiving funds from The Integrated Service Unit of Social Rehabilitation for Social Disability of Central Sulawesi Province, the obstacles to the activities carried out by these organizations include many of their clients who return to being prostitutes after previously no longer working. received a positive response from them. Former commercial sex workers at The Integrated Service Unit of Social Rehabilitation for Social Disability Central Sulawesi Province are part of a human resource development model consisting of three parts: 1) rehabilitation (physical, social, and mental development); 2) resocialization (entrepreneurship and health socialization); and 3) additional guidance (social and skills development).

Keywords: Coaching, Ex-Commercial Sex Workers, Rehabilitation

INTRODUCTION

Indonesian society is characterized by a complex web of social and economic problems, making everyday life extremely difficult. Certain individuals in society make different decisions in life due to the many social and economic problems they face. Certain people are forced to take strange or inappropriate decisions to meet the demands of life due to the pressure of social conditions and worsening economic conditions, which are unable to fulfill the requirements properly. Social issues represent one of the ways in which social science has an adverse impact. Societal circumstances that are unable to function properly, leading to disappointment and misery, give rise to a number of circumstances called social problems. When a person or group does not have a decent social life, social problems also result from unequal social welfare (Soekanto, 2001).

The proliferation of commercial sex workers (CSWs) is one of the many very dangerous problems arising from globalization. The existence of prostitutes is not new. Prostitution has been legal since ancient times, so it is a very old profession. Because prostitution provides a way for the sexual desires

of the opposite sex to be expressed without understanding when to stop being disrespectful, it is an uncontrollable and unsightly behavior (Kartini, 2009). Prostitution is usually associated with the presence of prostitutes because prostitution displays its activities, while prostitutes display their personalities. Work that involves exposing oneself to the public to perform sexual acts for pay is known as prostitution (Kartini, 2009). A short-term contract that allows one or more individuals to have sex in exchange for money is known as prostitution, and it is a business transaction chosen by the parties (Koentjoro, 2004). Society's perception of prostitution as an occupation that causes disease and is less civilized.

It is important to define development as an activity, process, outcome, or statement that enhances efforts to address the problems faced by former commercial sex workers through social development initiatives (Nurdiana, 2014). While the Department of Social Affairs uses the term "social" to refer to social activities, the term "social" in the social sciences refers to objects, or people. This refers to activities related to social work or welfare that target problems faced by the community in the welfare sector, such as problems related to the elderly, homeless, unemployed, orphans, and so on. In addition, the word "social" also refers to interpersonal behavior or social processes (Soekanto, 2012). A process or activity that shows improvements and changes in attitudes and behavior, especially in establishing relationships with other people and society for the better, is called social development.

To help former commercial sex workers become independent and empowered individuals, the Technical Service Unit (UPT) of the Social Rehabilitation Center for the Poor in Palu serves or counsels women who have social problems, including former commercial sex workers, and is able to fulfill their social roles, as well as society as a whole. Some of these jobs are mostly carried out by the UPT Panti Sosial Rehabilitasi tuna susila in Central Sulawesi Province. Rehabilitation, support, direction, development, and resocialization services are carried out by the Central Sulawesi Provincial Social Service (UPT Panti Sosial Rehabilitasi Tuna Susila Provinsi Sulawesi Tengah, 2022).

One aspect of community empowerment is the empowerment of ex-prostitutes. Community empowerment can be interpreted as an effort that aims to assist the community in its journey and strengthen community institutions in order to be able to achieve progress, independence, and welfare in a sustainable social justice environment (Sayoga et al, 2015). Meeting the daily needs of the community - namely political, social, and economic demands - by empowering former prostitutes in Tondo Kiri Localization is the first step towards the realization of social welfare and independence by the Central Sulawesi Provincial Government.

For policies to be implemented and community action to be achieved in any government program, empowerment initiatives for ex-prostitutes also require the involvement and participation of local communities. In addition, the Ministry of Social Affairs also leads government initiatives to empower ex-prostitutes. Both the central and Sulawesi provincial governments are implementing various empowerment initiatives to enable program participants who previously worked as prostitutes to transition to other professions by equipping them with the necessary skills to lead a normal life. Under the Ministry of Social Affairs' empowerment initiative, former prostitutes receive life insurance, IDR 5,000,000 for transportation costs back home, and six months of vocational training (Dinas Sosial through UPT Panti Sosial Rehabilitasi Provinsi Sulawesi Tengah, 2022). The government's commitment to continue to be a channel for the reintegration of former prostitutes, in particular to help them acquire the knowledge and skills needed to improve social and economic conditions and close employment gaps. Based on the above background, the author takes the research title of Analysis of Development of Ex- Commercial Sex Workers at the Integrated Service Unit of the Social Rehabilitation Center for the Socially Impaired.

RESEARCH METHODS

Type of Research

This type of research is qualitative research, which is contextual research with human subjects as the instrument, which is adjusted to the appropriate qualitative data collection scenario (Moloeng, 2011: 3).

Place and Time of Research

Based on the research title, namely "Analysis of Development of Ex-Commercial Sex Workers at the Integrated Service Unit of the Social Rehabilitation Center for the Socially Impaired of Central Sulawesi Province, the research was conducted at the Integrated Service Unit of the Social Rehabilitation Center for the Socially Disability of Central Sulawesi Province. The research time was 2 months, namely August to September 2023.

Research Approach

To discuss the object of research, this study uses a sociology and social welfare approach.

Data Source

The main source of data is direct information from informants questioned at the Integrated Service Unit for Rehabilitation of Social Institutions for Persons with Social Disabilities of Central Sulawesi Province in order to collect information for research. Research informants include the Head of the Administration Subdivision of the UPT Panti Sosial Penyandang Disabilitas Sosial, the Rehabilitation Section, Former Commercial Sex Workers, and the Advocacy Section in Central Sulawesi Province. Data collected from secondary data sources is intended to complement primary data from literature reviews or documents related to research challenges and findings related to the author's title.

Data Collection Methods

The most important stage in the research process is choosing a data collection strategy, as data collection is the main purpose of the research. The author will use two different techniques to collect data, namely *library research* and *field research*.

Research Instruments

The information generated from the research data will relate to the research findings. To collect comprehensive and appropriate data for study, a number of instruments are required, such as cameras, recording devices, and notebooks.

Data Analysis Technique

The process of classifying and categorizing data into basic descriptive units is known as data analysis (Moloeng, 2011: 34). Data analysis is done to make it easier to understand and use. The author of this study describes the actual condition of the target by using a descriptive approach technique. This research uses data reduction, data presentation, and conclusion drawing as data analysis techniques.

Data validity testing

The value of subjectivity, research data sources, and collection techniques are some of the aspects that affect the validity of data in this study. Credibility, transferability, and confirmability are three strategies needed to increase the validity of qualitative research findings.

RESULTS AND DISCUSSION

Human Resource Development Strategy for Ex-Commercial Sex Workers at the Integrated Service Unit of the Social Rehabilitation Center for the Socially Impaired of Central Sulawesi Province

The government has implemented initiatives to combat the problem of prostitution, one of which is social rehabilitation of former social workers. The Central Sulawesi Provincial Social Rehabilitation Center for Persons with Social Disabilities was appointed as the technical implementation unit of the Central Sulawesi Social Service Office in order to implement this program. The majority of clients fostered by the Central Sulawesi Province Social Rehabilitation Center for Persons with Social Disabilities are the result of socialization efforts carried out by the Police, Social Service, and Satpol PP. As revealed by one of the former commercial sex workers:

"Police, Social Service, Satpol PP, and other organizations conduct socialization and invite prostitutes who come here". Prospective clients must first undergo identification to find out more about their background and specifics - especially how they got involved in prostitution - before they can be approved as clients of the UPT Panti Sosial Rehabilitasi Penyandang Disabilitas Sosial located in Central Sulawesi Province.

Once the prospective client has been identified, the institution proceeds with educating the client about him or herself. Introduce the client to the social worker and other staff members, as well as the procedures that will be followed at the facility during rehabilitation. As revealed by Mr. Rusli as the Head of the Rehabilitation Section (September 26, 2023):

"Whether the prospective client is eligible for rehabilitation after we determine who he is. Our next step is to start socialization once deemed eligible. A glimpse of the orphanage, their activities while here, the rules of the institution, the social worker who will supervise them, and the staff of the orphanage".

After introductions, clients are grouped together and prepared for training. To help them get to know each other and avoid any discomfort while in the institution, each client received the same training schedule and support. Each of the fifteen social workers looks after two clients during training supervision. At the Social Rehabilitation Center for the Socially Impaired of Central Sulawesi Province, each year a quota of 30 people is given to undergo rehabilitation for six months. Each year, the social rehabilitation program continues to be conducted in the same way, following the guidelines set by the Central Sulawesi Social Service. These guidelines include physical, mental, social and skills development guidelines. Every day is spent on coaching or rehabilitation, with the exception of Thursday which is a visit day for clients' families.

1. Physical Guidance

Physical counseling seeks to improve the client's physical stamina and well-being so that they can learn how to lead a healthy life and effectively assimilate the information provided. When clients first arrive, their physical condition is not very good or healthy. As expressed by Mr. Rusli as the Head of the Rehabilitation Section (26 September 2023):

"They wear sultry clothes, flashy makeup, and an uncivilized attitude when they first arrive. As if on cue, they often use offensive words. Although their lives may seem messy to most people, they don't care about how they look to customers; they just try to look good and be flirtatious."

The above facts show how ugly and abnormal the lives of prostitutes are. For a flashy and unique appearance, they dress sensually and use a lot of makeup. They speak and behave disrespectfully towards others due to unsatisfactory relationships and surroundings. They claim that it is normal to use profanity or speak angrily. In fact, many of them suffer from drug and cigarette addiction, which often leads to health problems after leaving the institution.

a. Parenting

One of the most fundamental aspects of providing physical services to ex-commercial sex workers, such as hostels, is hosting. Placement in the house will be a means of socialization and liaison between clients and social workers, as well as a sense of security and protection for former commercial sex workers. In addition, because most of the time in the UPT dormitory of the Social Rehabilitation Center for Persons with Social Disabilities of Central Sulawesi Province is spent sleeping, the dormitory serves to facilitate clients' ability to meet their needs. Usually clients take a nap after their activities or after Dzuhur prayer before going to bed around 09.00. As stated by Tiolynda (September 26, 2023):

"Our dormitories are designed to give guests a sense of security and safety. In addition to providing a means of socialization and contact between clients and social workers, clients can also meet their own needs."

The most important aspect of the hostel is to make it feel cozy and welcoming so that it can truly serve as a place to stay.

b. Food

Breakfast, lunch and dinner are served three times a day. An important component of health is diet. Energy can be obtained from food. In addition to helping the body replenish its cells, food can help delay the biochemical aging process. This was pointed out by Rusli (September 26, 2023) as follows:

"As a regular diet has a significant impact on the health of clients, especially those without children, ensuring that these patterns are followed is the most important aspect of the facility. Do not allow anyone to skip meals or forget to eat."

Each menu item is carefully selected with its nutritional value in mind. In addition, the serving strategy also takes into account the condition of each child so that neglected children can eat three times a day regularly.

2. Mental and Spiritual Guidance

a. Mental Guidance

When a client receives mental counseling, the goal is to improve and guide his mental psychology, increase his motivation to overcome obstacles and improve his self-esteem in order to lead a better and more respectable life. Individual guidance (counseling), group dynamics, and religious teaching are activities that will be carried out in this mental guidance. Then Mr. Rusli, Head of the Rehabilitation Section (September 26, 2023) also revealed:

"We learn a lot about their reasons for entering prostitution from this counseling activity. They may be different, but the challenges of financial incentives drive most of them to act in the same way. They get involved in the prostitution industry partly due to promiscuity and the impact of an unbalanced environment."

The purpose of mental counseling in the form of religious teaching or activities is to help the client to be more aware of his mistakes and realize that what he has been doing is wrong. Islam will be taught through its principles, including the Pillars of Faith, Prayers, *Dirasah Islamiah*, and how to read the Qur'an. Meanwhile, some religions follow their own guidelines when practicing this. The principles of the religion are also explained to the client, including how to live a proper life according to the teachings, what is allowed and what is not allowed in the religion, and how to interact with others.

b. Spiritual Guidance

In human life, spiritual needs are fundamental. Finding peace and fulfillment in life is usually experienced by those who pay attention to their spiritual life. Feeling anxious when spiritual needs are not met is also a good thing. After reaching *aqil baliq*, especially for an elderly person, fulfilling these spiritual needs becomes the most important thing in a person's life. As stated by Saharudin as the rehabilitation staff (September 26, 2023) as follows:

"To fulfill spiritual needs, we offer useful lectures and worship guidance. We cooperate with the religious department or invite speakers, such as prominent clerics or mosque imams, for discussions. For guidance on worship practices, such as instructing clients on how to recite the Quran, fast for the elderly, pray, and so on."

Regarding the time of implementation of the two types of worship described above, worship guidance is carried out in each dormitory periodically, specifically after the Maghrib prayer, and religious lectures are held once a week on Friday afternoon. From the results of the interview, the author can conclude that the Central Sulawesi Province Social Rehabilitation Center for Persons with Social Disabilities offers spiritual needs services to its clients as follows:

a) Memorization of Daily Prayers

The focus should be more on those religious rituals and habits, such as praying, reciting the Qur'an, memorizing short verses, attending congregational prayers at the mosque or *musala*, moral instruction and customs, social worship, and so on. As a result, the client will eventually feel satisfied and motivated to follow religious teachings (i.e., recite daily prayers) due to self-motivation and not

external forces.

b) Read and write the Qur'an (BTQ)

Basically, the teaching of the Qur'an is carried out so that Muslims can understand and apply its teachings in everyday life, as well as preserve it by studying and disseminating it to others, thus enabling teaching and learning to take place continuously until the end of time, generation after generation. Given that the Koran is a guide for Muslims globally.

c) Lecture on clean living behavior

Being healthy means we don't have any illnesses. When compared to other goods, it is expensive. How could it not be that if we are unwell or stricken with an illness, all our material wealth, good looks, and strong, sturdy bodies will be wiped out in an instant. Wealth may be depleted while treating an illness; a pretty or beautiful face may turn pale and disgusting, and a strong and vigorous physique may suddenly collapse due to weakness and lethargy caused by a sharp decline in health. Increasing knowledge, awareness, and willingness are the goals of this service. and the ability of the community to live clean and healthy, as well as the active participation of the community in achieving optimal health status, which includes the business world and the private sector.

d) Advice on Harmony in Life

The main goal of the service is to improve the client's communication harmony. Building a society free from violence, threats, and religious disputes is the goal of harmonious living. To prevent conflicts between its clients, UPT Panti Sosial Rehabilitasi Penyandang Disabilitas Sosial Central Sulawesi Province seeks to provide guidance on living in harmony. This is because harmony is good.

3. Social Guidance

The subjects covered in the social development materials include entrepreneurship, environmental knowledge, human interaction, and legal awareness education. Clients are meant to realize their obligations as Indonesian citizens through the legal awareness materials sent to them. In addition, individuals also need to be aware of the laws of the country that they are violating in order to understand the problems that their actions have caused to the country and society so far.

Information on human interaction and environmental knowledge is intended to make clients aware of the need to take care of the surrounding environment and lead a healthy life. To foster a pleasant relationship with their surroundings, clients are also taught how to interact well with others, behave well, and speak softly. This also illustrates how humans are social creatures who depend on other individuals to survive and fulfill their social roles.

4. Skill Guidance

Skills coaching on this activity consists of tailoring, catering, and cosmetology. Our clients receive this skills supervision so that, upon leaving the institution, they can use it to launch a business as a means of generating income to cover daily expenses and avoid returning to their previous jobs. Cosmetic skills coaching instructs clients on the introduction of cosmetic instruments, hair cutting and styling techniques, makeup application techniques, facial and creambath exercises, and other topics. Clients are taught sewing techniques, including how to sew, assess basic seams, measure clothes, make patterns, and more. In the kitchen, clients learn how to prepare spices and prepare common recipes from Central Sulawesi. Cooking is not the only culinary skill taught to clients; they also learn how to make different types of cakes. The skills that clients receive are not just general abilities; rather, they are abilities that society demands. As Rusli (September 26, 2023) expressed:

"For skills training, we teach things like cosmetology, sewing, and catering skills that are always needed in the community. In terms of makeup, many people nowadays seek services when they want to attend a party, wedding, or graduation and get their hair styled or cut at a salon rather than doing it themselves. People are always looking for someone with sewing skills; rather than buying clothes, many prefer to have their professional or party clothes sewn by a tailor to their specifications. In addition, we concentrate on cooking traditional Palu food and cakes, which are gastronomic wonders from Central Sulawesi. Aside from the fact that these foods are popular, we also want to preserve and promote the culinary heritage of our ancestors so that it is not inferior to contemporary or foreign foods that are widely served in big hotels and restaurants."

The data above shows that the skills acquired by consumers in terms of skills advice are in high demand and needed by the community. It is intended that with these skills, clients do not return to their previous jobs and instead start their own businesses after leaving the orphanage.

Factors Hindering the Human Resource Development Strategy of Ex-Commercial Sex Workers at the Integrated Service Unit of the Social Rehabilitation Center for the Socially Impaired of Central Sulawesi Province

According to the Big Indonesian Dictionary, (2002: 121) In completing a task or job, obstacles are very important. If there is something that hinders a task or job, then it will not be completed. Conditions that have the potential to disrupt and hinder implementation are called obstacles. Challenges in everyday life for every human being always exist, both internal and external. This is in line with Tiolynda's expression (September 26, 2023):

"As in achieving a pattern of social rehabilitation for former commercial sex workers, there will be obstacles or difficulties that occur in it. The success of an endeavor cannot be separated from the obstacles that hinder the progress of the plan. UPT Panti Sosial Rehabilitation Tuna Sosial Central Sulawesi Province participated in these activities"

1. Did not get a good response from the client

The client's response was initially unfavorable. The progress of social rehabilitation was hampered by the sometimes-disrespectful attitude and behavior of the clients. There were times when they disobeyed the orders of the police or social workers. Unaccustomed to living under supervision, they sometimes cause trouble in the orphanage. Therefore, getting social rehabilitation may be a challenge for them. As expressed by Mr. Rusli (26 September 2023):

"Sometimes there are unruly clients who do not comply with police or social worker instructions. Many clients feel worried and uncomfortable when their once free lives are now restricted and supervised. This makes it difficult for clients to provide social rehabilitation activities."

2. Many of the clients return to prostitution

Once the recovery is complete, the client will be discharged home to live with his or her family. Many clients continue their careers as prostitutes despite receiving therapy. In order for an individual to make positive changes in his or her life, support is needed from the family and the environment in which he or she grew up. However, individuals will not have the confidence to make positive changes if they do not receive full support. The community still finds it difficult to accept and believes that they are a disgrace to their community, thus making clients lose confidence and turn to prostitution again to make ends meet. The effectiveness of rehabilitation counselors is hampered by a community that still does not accept them in their environment. As Tiolynda (September 26, 2023) expressed:

"Some of them have been rehabilitated before, but after getting out, they return to prostitution and get involved in raids again. When we asked them why they returned, they replied that their neighborhood could not accept them anymore"

The information above shows that the result is that many people stay away from prostitutes because they believe that they can influence the environment by being a prostitute before. This made the client feel disturbed and insecure about starting a normal life and becoming an ordinary person in society. As a result, the client lost confidence and returned to working as a prostitute to earn money.

3. Late Funding

The completion of social rehabilitation for clients is further hampered by delays in money coming into the Central Sulawesi Province Social Rehabilitation Center. To complete repairs, funds are urgently needed. Money is an unavoidable component in social rehabilitation programs for former commercial sex workers because, let's be honest, money is needed for everything in life. This includes facilities and infrastructure as well as funding for the needs of former commercial sex workers. Due to financial

limitations, the Central Sulawesi Provincial Social Recovery Center has not been able to expand its services, but there are unrealized projects that can help recovery efforts.

Human Resource Development Model for Ex-Commercial Sex Workers at the Integrated Service Unit of the Social Rehabilitation Center for the Socially Impaired of Central Sulawesi Province

The majority of prostitutes can be located in cities, high-traffic locations, and other tourist destinations where many people go on vacation, relax, or travel. These locations generally follow the four principles of tourism: sun culture, sea and water, service, and sex. To meet the needs of men and women for sexual services, prostitution is practiced in brothels as well as in some hotels, guesthouses, and entertainment venues (Kartini, 2009:211). People with social problems today need to go through the rehabilitation treatment stage so that the community is socially prosperous. The modern world only views rehabilitation as a means of treating disease (Toto, 2021). From various perspectives, rehabilitation actually includes more than just healing or neutralization; after all, everyone has difficulties in life to gain social interaction and community authority, as expressed by Ms. Rita, one of the Advocacy staff (26 September 2023):

"Rehabilitation is often associated with people who are sick, such as drug users. But in addition to recovering from casual sex addiction, women involved in prostitution or prostitution also need therapy for their physical health."

The evidence above shows that people who need rehabilitation are not just sick people; prostitutes, or Commercial Sex Workers, also need rehabilitation to overcome their sexual addiction and resume a normal life in society. A person who has strong physical, mental, and social qualities and the ability to integrate with different communities can perform social functions (Adinintyas et al., 2018). The following are some of the rehabilitation patterns carried out at the UPT Panti Sosial Rehabilitation of Persons with Social Disabilities of Central Sulawesi Province, as concluded from the description above and the results of the author's observations and interviews there:

1. Rehabilitation Model

The rehabilitation process is in accordance with the Social Welfare Law Number 11 of 2009 concerning Social Welfare; specifically, paragraph 1 of Article 7 states that:

"The purpose of social rehabilitation is to strengthen and improve the capacity of someone who experiences social dysfunction so that they can carry out their social role properly".

Social rehabilitation services provided by the Central Sulawesi Province Social Rehabilitation Center UPT include mental, physical, and vocational guidance as revealed by Tiolynda (September 26, 2023):

"Social counseling, physical guidance, mental guidance, and vocational guidance are some of the social rehabilitation techniques used at the Balai Pelayanan Sosial Karya Wanita. To overcome the problem of prostitution, the Ministry of Social Affairs has actually carried out a form of rehabilitation"

Increasing social capacity and preventing the deterioration of social situations are the two main objectives of social rehabilitation, which relates to the service of clients who require special assistance in the social field. Of course, clients are expected to be involved in the social rehabilitation activities carried out, including the admission, assessment, intervention, and termination stages.

2. Resocialization Model

The process of acquiring new norms, values, attitudes and behaviours is called resocialization. The majority of resocialization is voluntary, but some is not-for example, the resocialization of an entire institution. An entire institution is a location where people in similar circumstances live and work

together in a formally controlled environment while being isolated from the outside world for a period of time. As Tiolynda said (September 26, 2023):

"UPT Pantis Sosial Rehabilitation Tuna Sosial Central Sulawesi Province does not impose its will on its clients during the resocialization process. This means that before we start teaching customers, we have to use ingenuity to win their hearts by approaching them and offering guidance. We then start offering tutoring once the client is comfortable. Among the skills training we offer is sewing and cosmetology instruction for our clients"

Resocialization also has a lot of potential. When someone joins Alcoholics Anonymous (AA), for example, they are surrounded by former alcoholics who emphasize the negative impact of binge drinking. When they graduate high school and start college, some students go through an intense period of resocialization, especially in middle age. a scary start before they start to blend in and feel comfortable.

A person's mental and social functioning can be continuously improved through social work practices such as social guidance which is one type of social rehabilitation. Social guidance is believed to help clients realize their responsibilities in society by providing a set of guidelines that aim to bring peace and unity in everyday life (Muryani, 2008). As expressed by Rusli (September 26, 2023):

"We hope that through social guidance, individuals can return to living a fulfilling life. have the ability to build strong bonds with family and society. Able to fulfill their societal roles and obligations throughout society".

The above data shows that the purpose of social guidance is to provide customers with a happy life. Explain how society works and take personal and environmental responsibility. Develop cooperative and positive relationships with your family and neighborhood. The unique personality of each client affects the effectiveness of mental coaching exercises. Depending on how one interprets what one sees and hears, one's mental state can change. Therefore, if the client is motivated and working towards improving his/her life, this mental counseling may be helpful.

3. Follow-up Guidance Model

To further strengthen client independence, the Ministry of Social Affairs of the Republic of Indonesia defines further guidance as a series of social welfare activities. These activities can take the form of consultation, re-assistance, development and marketing guidance, or other guidance aimed at improving social conditions (Ministry of Social Affairs, 2017). Guidance is concerned with human intelligence and character, which is not based on physical attributes or energy. It takes into account psychological and physical development. This is where the intellect, mind, and memory are tied to the mental, so the intellect needs to be protected and upheld, which requires a healthy mentality. As expressed by Mrs. Rita (September 26, 2023) who said that:

"Clients of the UPT Pantis Sosial Rehabilitasi Penyandang Disabilitas Sosial Central Sulawesi Province have benefited from the implementation of skills and guidance activity programs. After participating in several skills improvement programs offered by the UPT Pantis Sosial Rehabilitasi Penyandang Disabilitas Sosial Central Sulawesi Province, clients saw a shift in their ability to create or create using their chosen talents. The direction of the UPT Pantis Sosial Rehabilitation of Persons with Social Disabilities of Central Sulawesi Province, helps clients develop not only their abilities but also their moral character".

Happiness, contentment and mental calmness actually depend more on the attitude and approach to dealing with these external problems than on external things such as money, position, social standing in society, and so on. So, mental well-being, mental health, and adaptability are the factors that determine peace and enjoyment of life.

CONCLUSION

At the UPT Panti Sosial Rehabilitasi Tuna Sosial of Central Sulawesi Province, the HR development strategy for former commercial sex workers. Every year in Central Sulawesi Province, prostitution workers work at the UPT Panti Sosial Rehabilitasi Tuna Sosial. direct instruction. Mental advice can be obtained through religious guidance, group dynamics, or counseling. Education on law, human relations, the environment, HIV/AIDS prevention, and business are examples of social guidance. All days except Thursday which is a visiting day are used for the guidance process. The implementation of human resource development strategies for former commercial sex workers is not without challenges, and the success of an enterprise cannot be separated from the obstacles that hinder the progress of the plan. In addition, the Social Institution for the Rehabilitation of Persons with Disabilities of Central Sulawesi Province delayed receiving funds and received poor responses from clients, many of whom then returned to prostitution. At the UPT Panti Sosial Rehabilitasi Tuna Sosial of Central Sulawesi Province, there is a human resource development model for former commercial sex workers consisting of further guidance, a resocialization model, and a rehabilitation model. The social rehabilitation techniques carried out by the Central Sulawesi Province Social Rehabilitation Center UPT are as follows: Occupational, psychological, physical, and social counseling.

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